

Product Data Sheet

Full Body Harnesses - Ironman[™] Series



Heavy Duty Corrosion Resistant Grommets

Built-In Impact

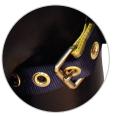
Load Indicators



Belt Features Moisture Wickingpadding



Quick-Adjust™ torso buckles



Improved Geometry

The Reliance Ironman[™] series with added padding and tool/accessory belts is ideal for use in heavy construction, maintenance, and in harsh environments.

Product Features & Specifications

- Tattletale[™] webbing has an interior ply of contrasting bright red "strength" yarns that increase webbing strength to 7000 lbs (31kN) and instantly reveal cuts or abrasion
- Built-in impact load indicators
- Bar-coded individual serial numbers for traceability
- Indelible serial number in back plaque
- Removable back support/tool belt, shoulder padding
- Reliance Quick-Adjust[™] torsoadjustment buckles
- Slotted positive engaging chest buckle
- "Floating" thigh stitching reduces binding
- Improved geometry brings buckles to front of thigh
- Angled stitching for "tailored" sub-pelvic fit
- Extra large back pad eliminates dangerous 'D-ring droop'
- No elastic webbing
- Heat-set labels won't come off
- Extra Heavy-Duty Corrosion resistant leg grommets
- Extra thick woven (not sewn) seat webbing for added durability

Ironman[™] Series Harness Features

What is Tattletale[™] Webbing?

TattleTale[™] web is <u>inspectable</u> web. All load-bearing straps in Reliance harnesses and lanyards have a red inner core (or a yellow core in black webbing) which becomes exposed when the web becomes damaged by cuts or abrasion. Red that shows through is not a "red light" signaling the user to stop using the equipment, it

simply "tells" the user that the equipment needs closer inspection, and where to look. The web-

bing helps again by giving the Competent Person (the expert) the information needed to judge how deep the cuts or abrasions are, so the seriousness of the issue can be determined. Call Reliance at 888.362.2826 for complete inspection procedures.

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Full Body Harnesses - Ironman[™] Series

* Please Note : Harnesses sized as follows : 8XX1XX = Small, 8XX4XX = X-Large, 8XX5XX = XXL, 8XX6XX = Big Boy

Ironman [™] Series Full Body Harnesses						
Part #	Style	D-Rings	Connectors	Material	Work Belt	Other
810000	Vest	Back	Tongue Buckle	Polyester	Yes	Universal Fit
811000	Vest	Back, Chest	Tongue Buckle	Polyester	Yes	Universal Fit
812000	Vest	Back, Side	Tongue Buckle	Polyester	Yes	Universal Fit
812015	Vest	Back, Side	Tongue Buckle	Polyester	Yes	Comfort Series - Universal Fit
813000	Vest	Back, Chest, Side	Tongue Buckle	Polyester	Yes	Universal Fit
814000	Vest	Back, Shoulder	Tongue Buckle	Polyester	Yes	Universal Fit
815000	Vest	Back, Side	Tongue Buckle	Polyester	Yes	Integrated Suspension Seat
816000	Vest	Back, Side, Front, Shoulder	Tongue Buckle	Polyester	Yes	Universal Fit
822000	Vest	Back, Side	Tongue Buckle	Polyester	Yes	Detachable Aluminum Saddle Seat, 'X' Pad
825000	Vest	Back, Side, Chest	Tongue Buckle	Polyester	Yes	Detachable Aluminum Saddle Seat, 'X' Pad



Grasp harness by back D-ring and back plaque. Be certain straps are not twisted, and inspect for damage.



fall protection

arms and on to shoulders. Shoulder straps should remain vertical on chest.



Grasp leg straps and connect to buckles attached to straps on each hip.Insert excess strap through keepers. Leg straps should be snug.



Attach chest strap by passing male buckle through female buckle. Strap should be at upper chest level. Retain excess strap with keeper.

To tighten shoulders, pull up on free ends of straps. To loosen, push down on adjuster. Straps should be adjusted to the same length.



be centered

between shoulder

blades. To adjust,

plague up or down

along the webbing.

slide D-ring and



A properly fitted harness should be snug, but not tight enough to prevent normal movement. ALWAYS properly adjust harness before use.

Harness Buckle Types

All Reliance 'A' Series and Ironman[™] Series full body harnesses utilize one of two types of fasteners to secure the lower leg portion of the harness (all chest straps are secured using pass-thru buckles)



Tongue buckle and grommet fasteners are corrosion resistant to ensure smooth, consistent operation. Grommets are inserted through on opening in the web as opposed to a punched hole to maintain webbing integrity. Consistent spacing ensures a custom fit regardless of user size. Harness sizing adjustment is easy, especially when wearing gloves.



Pass-Thru buckles are zinc-coated and smooth for a precise fit. Placement of the web through the buckle provides for a higher degree of custom adjustment than grommet and tongue buckle fasteners, and use of Pass-Thru buckles reduce the overall weight of the harness. Pass-Thru buckles are standard chest strap fasteners on all Reliance harnesses.

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How to Don a Harness



Product Data Sheet

Back Support Belt : Ironman[™] Series Harness



Features:



Heavy Duty Corrosion Resistant Grommets



Easy Installation & Removal



Breathable, Moisture-Wicking Padding



Interior features soft, moisture-wicking padding that conforms easily to the wearer's shape.

Ironman™ Harness Features & Specifications

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- Built-in impact load indicators

of durable, comfortable

heavy-duty nylon with a lin-

er that wicks away moisture.

- Bar-coded individual serial numbers for traceability
- Indelible serial number in back plaque
- Removable back support/tool belt, shoulder padding
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- Slotted positive engaging chest buckle

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